



ONLINE: Trauma Sensitive Teaching

The Trauma Sensitive Teaching course enables educators to become more attuned to the signs of trauma that impede student learning. Integrating trauma sensitive teaching methodologies create a learning environment that is conducive to the academic development of all students.

Through this course, educators will learn about the ways in which trauma impacts learning behaviors, and the strategies they can adopt to help students regulate their emotions, build resilience, and thrive both within and beyond the classroom. Packed with innumerable tips, strategies, and real-life examples for teachers who wish to master the art of trauma sensitive teaching, this course is an incredible resource for teachers everywhere.



Standards:

This course aligns to all of the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Content Knowledge, Application of Content, Assessment, Planning for Instruction and Instructional Strategies.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Teachers Know Content, Teachers Facilitate Learning and Teachers Analyze and Reflect.

Each online PD course includes:

- **Convenient access** anytime, anywhere, any device
- Interactive **online** textbook
- Implement **practical suggestions** immediately
- Demonstrate comprehension with **quizzes** and checks for understanding
- Print **certificates** of completion
- Easily assign courses to align with each teacher's **personalized PD needs**
- **Integrate** with school and district-wide initiatives
- **Low cost solution for all courses, all teachers, all school year**
- **Reports** for school administrators



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Course Outline

LESSON 1: Understanding Trauma

- What is Trauma?
- Signs and Executive functioning of Trauma
- Teaching Methodologies
- Trauma and Resilience

LESSON 2: Building Resilience

- What is Resilience?
- Identify and Label Emotions
- Nurturing competence and Tone of voice
- Promoting Self-Advocacy and Problem-Solving

LESSON 3: Trauma-induced Anxiety

- Types of Anxiety
- Relationship Building
- Resolving Conflicts
- Fostering Self-Efficacy

LESSON 4: Creating Trauma-supportive Classrooms

- Physical Organization and Psychological Culture
- Consistency and Predictability
- Behavior Strategies
- Homework, Test and Social Anxiety